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Physical education



Learn new words.



runner



leap



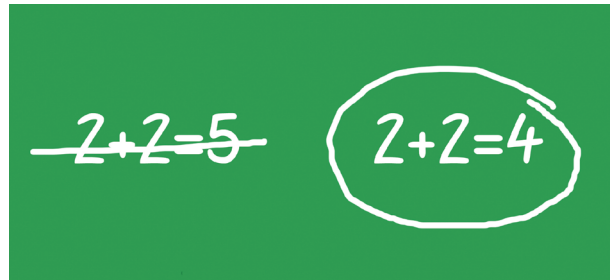
finish line



win



race

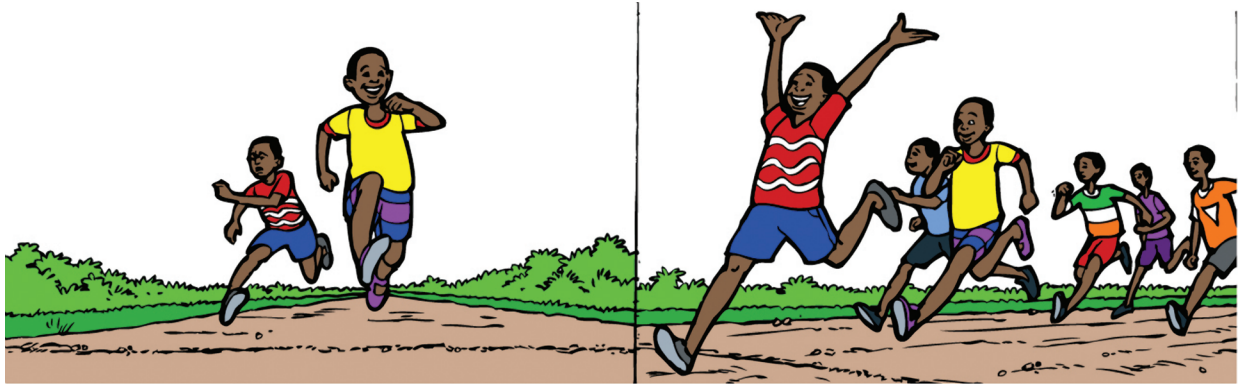


right



Practise sounds and letters.





Read the story.

Sena learns a lesson

Sena is the best runner in his school. He can run very fast and leap over the finish line. Every week he races with his class mates, his brothers, his cousins and his friends. Sena almost always wins.

One day, Sena ran a race with his friend Kwabena. As usual, Sena won. Kwabena became angry. He shouted, “Sena always wins the races. SENA ALWAYS WINS! I don’t want Sena to win anymore!”

Sena was sad because his friend was angry with him. He talked to his papa. “You shouldn’t be sad, my son,” Sena’s papa said. “You should help Kwabena learn to run fast. Helping a friend is better than winning.”

So the next day Sena went to Kwabena’s house. “Come with me,” Sena said. “I want to help you win.” Sena showed Kwabena how to run fast.

Later that week, the pupils ran races on Sports Day. Sena and Kwabena ran a race with four other boys. This time Kwabena won. He was so happy! “Papa was right,” Sena smiled and said to himself. “Helping a friend is better than winning!”



Answer the questions with a partner. Write the answers.

- 1 Why did Kwabena get angry?
- 2 What made Sena sad?
- 3 What made Sena happy?



Complete the story map.

~~Sena helps Kwabena and Kwabena wins a race.~~
 Kwabena gets mad because Sena always wins.
 Sena, Kwabena and Sena's papa
 outside and during school

Story Map

Characters 1 _____	Place 2 _____
Problem 😞 3 _____	Solution 😊 4 <u>Sena helps Kwabena and</u> <u>Kwabena wins a race.</u>



Read the contractions and the two words that make up each contraction.

contractions	= two words
can't	= can not
isn't	= is not
won't	= will not
shouldn't	= should not
wouldn't	= would not



Plan a story about a game or sport. Then write the story.

Characters	Place
Problem 😞	Solution 😊



**Change the underlined contractions to two words.
Change the underlined words to a contraction.**

1 I can't run fast.

→ I can not run fast.

2 I will not win the race.

→ I _____ win the race.

3 He isn't happy.

→ He _____ happy.

4 Kwabena should not be angry.

→ Kwabena _____ be angry.

5 I wouldn't like losing.

→ I _____ like losing.



Read the story. Write the words from the box under the word with the same 'a' sound.

Bad dog

Kofi and Musa sat by Mr. Appiah's house. The boys wanted to play football, but they didn't have enough players to make two teams. Then Musa saw Afi and Felicia. "Will you play with us?" asked Kofi.

"Yes," said the girls.

Afi kicked the ball to Felicia. Then Felicia hit the ball with her head. The ball flew into the air.

"Where is the ball?" asked Musa. "There!" shouted Kofi. He pointed to Mr. Appiah's dog. The dog had the ball in his mouth. "Mr. Appiah's dog caught the ball! He shouldn't catch the ball. He isn't on a team."

Musa	ask	had	have	players	Appiah	want	play
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day	Afi	sat
1 <u>players</u>	3 <u>Musa</u>	6 <u>ask</u>
2 _____	4 _____	7 _____
	5 _____	8 _____